



People and programs impacting our QCSD community

Speed & Agility camp

Stepping up the pace for QCSD athletes

Each Monday and Wednesday through July 19, with the exception of Fourth of July week, Tom Brader runs a Speed & Agility Camp for Quakertown Community School District athletes. For baseball and football players, that means getting on the Alumni Field artificial turf by 7:30 a.m. Students participating in other sports arrive by 9:15.

Brader, a Social Studies teacher at QCHS, also coaches track and football. He has been running the camp for football players for more than 20 years. When Dr. Bill Harner became superintendent nearly five years ago, he asked Brader to expand the camp for athletes in all sports. Not surprisingly, the Panthers athletics program has enjoyed greater success on the field of play in recent years thanks to the coach's speed and agility training.



